

BLUE Route – Roundabout
 Distance: 1.5 miles
 Estimated Brisk Walk Time: 28 minutes Estimated Calorie Burn: 150

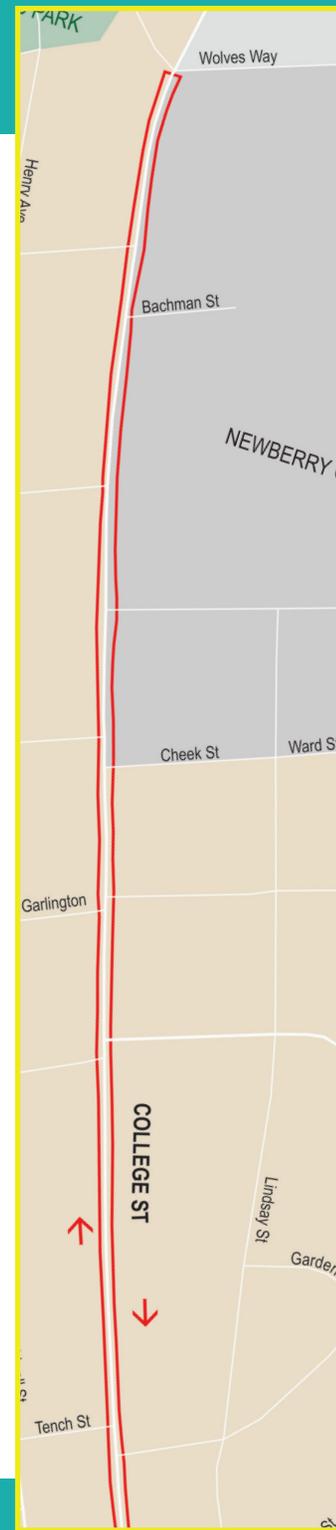
- ◇ Exit Memorial Park on McKibben St. toward Harrington St.
- ◇ Turn left on Harrington and continue to Nance St.
- ◇ Turn left onto Nance St. and continue passing library to Boundary St.
- ◇ Cross Boundary St. and turn left and follow sidewalk to Caldwell St.
- ◇ Turn left on Caldwell St. and continue toward Main St.
- ◇ Cross Main St., turn right and continue up Main St. to Calhoun St.
- ◇ Turn left on Calhoun St. and continue to Martin St.
- ◇ Cross Martin St. and turn left and continue down Martin to College St.
- ◇ Cross College St. and turn left and continue to Boyce St. and follow Boyce St. back to Memorial Park

GREEN Route - Up and Back
 Distance: 1 mile
 Estimated Brisk Walk Time: 16 minutes
 Estimated Calorie Burn: 100

- ◇ Exit Memorial Park on McKibben St. toward the Newberry Opera House
- ◇ Cross McKibben St. at Boyce St. toward Community Hall
- ◇ Turn Right on Caldwell St. toward Main St.
- ◇ Cross Caldwell St. at Main Street and continue up Main St.
- ◇ Cross Main St. at Calhoun St. and turn right and continue back down Main St.
- ◇ Cross Main St. at Nance St. and finish at Memorial Park

RED Route – Go Long!
 Distance: 2 miles
 Estimated Brisk Walk Time: 35 minutes Estimated Calorie Burn: 225

- ◇ Exit Memorial Park on McKibben St. toward the Newberry Opera House
- ◇ Cross Boyce St. and continue to Harrington St.
- ◇ Cross Harrington St. and continue on Harrington St. to College St.
- ◇ Turn left onto College St. and continue to Wolves Way
- ◇ Cross College St., turn right and continue on College St. to Main St.
- ◇ Turn right on Main St. and continue to Memorial Park



Safety Tips

Be Safe and Be Seen: Be visible to drivers

- Wear bright/light colored clothing and reflective materials.
- Carry a flashlight when walking at night.
- Cross the street in a well-lit area at night.

Be Smart and Alert: Avoid dangerous behaviors

- Always walk on the sidewalk. If there is no sidewalk, walk facing traffic.
- Don't assume vehicles will stop. Make eye contact with drivers.
- Be alert to engine noise or backup lights on cars when in parking lots and near on-street parking spaces.

Be Careful at Crossings: Look before you step

- Cross streets at marked crosswalks or intersections, if possible.
- Look left, right, and left again before crossing a street.
- Watch for turning vehicles.
- Don't wear headphones or talk on a cell phone while crossing.